



HFS Fabulous Fifties Auction Newsletter

March 1, 2023



Auction Tickets: <https://hfsauburn.ejoinme.org/Fab50tix>

Deadline to register is this Saturday, Mar 4, 2023.

Auction Raffles - This year we are offering the following Auction raffles:

- **Heads & Tails Raffle** - This will be played just prior to the start of the Live Auction. The cost is \$10 to play. The winner wins a \$100 gift certificate to Anthony's, located in Des Moines.
- **Best of Live Raffle** - The winning raffle ticket will be pulled just prior to the beginning of the Live Auction. The winner will get to pick any one item from the Live Auction as their prize. We will sell 60 tickets at \$50 each. All tickets must be sold for raffle to take place (won't be charged if all tickets not sold), so increase your odds and buy a couple. You need to know which Live Item you will pick and to help you with this, you can preview this year's Live Items here: <https://hfsaubur2023.ggo.bid>
- **Tuition Raffle** – The winner will receive \$1000. in tuition for the 2023-24 school year and \$200 for Dennis Uniforms. Tickets are \$50 each and raffle winner will be pulled at the end of the Live Auction.

Auction Wear: The 1950's was very stylish for men and women, so you have a lot of options if you want to dress in our theme. Think Sock-Hop & Grease clothing, A-Line & Poodle Dog skirts, Audrey Hepburn dresses, saddle shoes, kitten heels, bowling shirts, blue jeans and a white t-shirt, Lettermen sweaters/jackets, sport coats, skinny ties, cat glasses for women and chunky glasses for men. You will look so spiffy!!

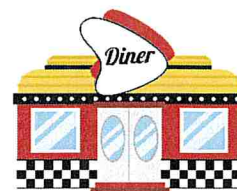
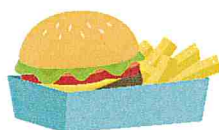
PNW Beer & Hard Apple Cider Cellar: One of our auction items will be a PNW Microbrew & Hard Apple Cider Cellar that we as a school community build. Please send in your favorite 6 pack of a PNW beer/hard cider or a bomber (large bottle of beer) to add to the cellar. These can be dropped off in the office or you can hand them to me during morning carpool. Please do not send them to school with your child.

Need Volunteer Hours Still? We still need 1 recorder, 1 spotter, & multiple raffle ticket sellers. Sign-up here: [All School: Fabulous Fifties Auction Volunteer Sign-Ups \(signupgenius.com\)-fabulous1](https://signupgenius.com/fabulous1)

High Hopes Auction

March 18, 2023 @ Farm 12 6pm

Auctioneers: Jon Jahns & Mike Graham





Join us for our annual HFS

Spring Tea

enjoy tea and snacks while you watch
our student performances

PK-1 BARNYARD MOOSICAL

2ND & 3RD BUGZ

4TH ADVENTURES OF LOUIS & CLARK

March 24 at 1:00 pm
Holy Family Parish Hall

RSVP [HERE](#)



Join us at this HFS fundraiser for Space Camp!

**YOU EAT CHIPOTLE,
WE RAISE MONEY
FOR HOLY FAMILY SCHOOL**



**WEDNESDAY, MARCH 1ST 5-9PM
CHIPOTLE AT 512 RAMSAY WAY STE 101, KENT, WA, 98032**



[SOCIALPORTAL.CHIPOTLE.COM](https://socialportal.chipotle.com)

Join us for a fundraiser at Chipotle

03.01.2023, 5:00pm - 9:00pm

Eat in person at the Kent Station Chipotle or order online for pick-up.

- Our online ordering code is: BYA48R2. Please note that fundraiser online ordering is only valid through pickup during our fundraiser's scheduled date, time, and assigned restaurant. Ordering delivery for fundraisers is not permitted at this time.
- Please show this fundraiser flyer (or a soft copy on your phone) or tell the cashier at checkout that you are there for a fundraiser before you pay! If you don't tell the cashier, we won't get credit for the sale.
- Please share this with your family and friends so they can also participate. Please note we can NOT hand out flyers to anyone (including our own supporters) or promote the event inside or outside of the restaurant or in the parking lot at any time — that's cheating! Violation of this policy will result in our fundraiser being cancelled. All promotion should be done prior to the fundraiser — this is your time to sit back and enjoy a big, tasty burrito.
- Gift cards purchased during fundraisers do not count towards total donated sales, but purchases made with an existing gift card will count.

SCRIP NEWS

Nine weeks left to chip away at your Scrip profit dollar commitment – every bit helps!

- Scrip sales have slowed in recent weeks
- We are almost \$2000 behind last year



Shop and EARN BIG ...
with Bonus Percentages ...
on eGift Cards & Reloads only

You must have an online account to participate
Preview the bonuses starting March 1st using your mobile app

**** **Eat dinner or order out at Chipotle (Kent Station only) tonight from 5-9pm** ****

- Invite your friends and mention the HFS fundraiser when ordering
- 33% of proceeds will be donated to HFS to help students get to Space Camp in April

Forgot to buy **Chipotle** Gift Cards? No worries, purchase eScrip on the app!



No longer available: **Smart & Final (formerly Cash & Carry)**

Changes/Updates to the Order Form this Week:

- **Burger King** cards now available in \$10 & \$25 denominations, and earn 6%
 - Reload **Burger King** cards at 6%, but eScrip profit is 4%
- **Playstation \$25 & Xbox \$25** earn 10% for a limited time
 - The first eight **XBox \$25** cards ordered will *earn* 20%

Happy Dining

Happy Shopping

Happy Savings

Don't miss
out!
*¡No te lo
pierdas!*

Your school memories from cover to cover

Tus recuerdos escolares de principio a fin.

Visit ybpay.com to order your
yearbook today!

¡Ingresa a ybpay.com para encargar tu anuario hoy!

Order Deadline: Yearbook ID Code:
Fecha Tope Para el Pedido: Código ID del anuario:
Apr 21, 2023 13123823

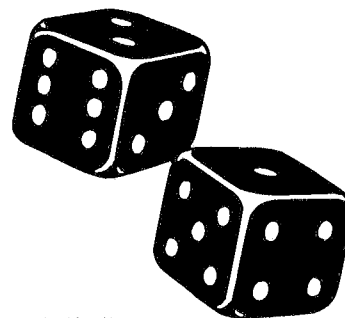
Contact our Help Center for assistance at lifetouch.com/support-us. Select Yearbook Orders for assistance.

Comunícate con nuestro Centro de Ayuda para recibir asistencia en lifetouch.com/support-us. Selecciona Pedidos del Anuario para recibir asistencia.

EVT9MHUJ3 Holy Family School
YB23USTYBPY © 2022 Shutterfly Lifetouch LLC

Lifetouch.

PARENT CLUB SOCIAL EVENT!



HFS BUNCO LADIES NIGHT

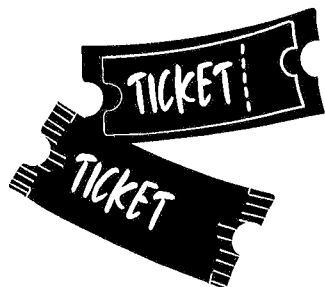
We are hosting another round of the dice game BUNCO for the Holy Family ladies (& non-HFS girlfriends you'd like to invite), you won't want to miss it!

Here's the info:

- **Date:** Saturday, 3/11/23
- **Time:** 6-9 PM
- **Location:** Holy Family Parish Hall
- **Cost:** \$10 donation at the door
- **Bring:** cash for raffle items & entry

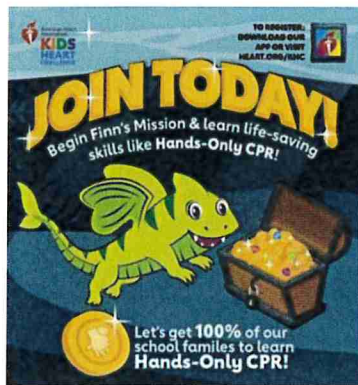


Please note, this event is for us ladies only, so **please leave your kids at home**. Wine, water & snacks will be served!



WANT TO HELP? QUESTIONS?

Contact Lisette Kelly
lisettekelly@gmail.com
206-380-9085



Dear Families – **KHC is coming to an end on Friday!** Our students have done an amazing job learning how to keep their hearts healthy, while helping others! So far, **38** families have taken the challenge online, and together our school has raised **\$2,944** in lifesaving donations and helped to save **29** lives, and **6** families have learned the steps to Hands-Only CPR!! **Great job!**

Complete Finn's Mission Today earn an XL Finn the Shark Keychain! If you have not joined our team yet, it's not too late! Join today at <http://www2.heart.org/goto/HolyFamily> or on the FREE **Kids Heart Challenge** App and to learn the Lifesaving Skill of Hands-Only CPR!

We are creating a nation of lifesavers, and by learning the steps to Hands-Only CPR as a family, **YOU Can Make a Difference!** Each year, over 350,000 cardiac arrests occur outside of hospitals in the US. Survival depends on immediately getting CPR from someone nearby. **The power is in YOUR hands.**

Special School Incentives:

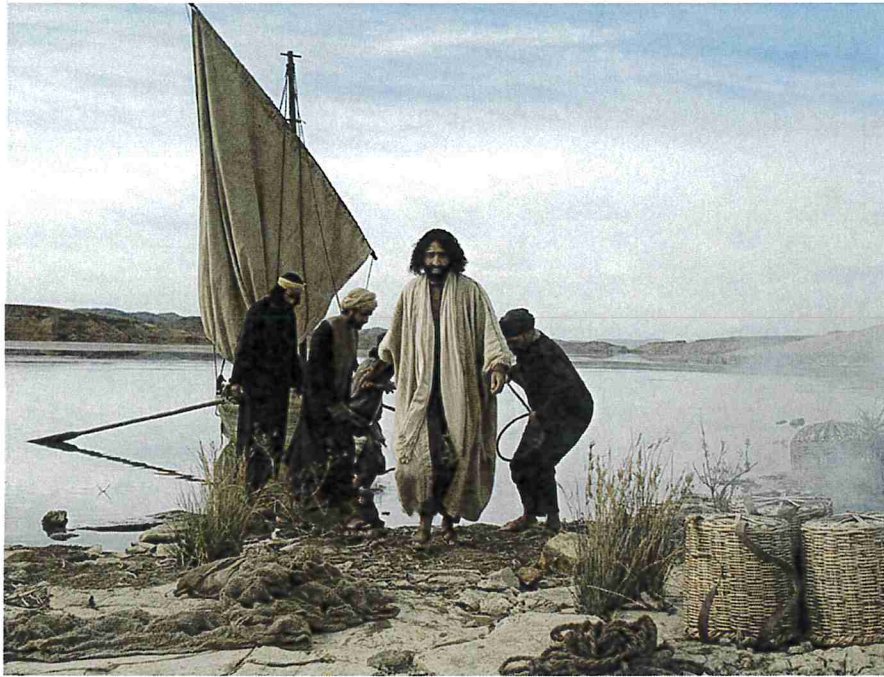
Top fundraising student gets to be PE teacher for the day!

Class with the most students registered will get a PE choice day!

When we hit our school goal of 50 students registered, our whole school will earn a spirit day!

AND for EVERY \$50 you raise you will earn BONUS MYSTERY GIFT that can be added to your Heart Heroes Keychains!!

Lenten Family Fish Fry



Meal Service From 5:30 to 7:00 pm

Fish Fry Menu for 2/24, 3/3

3/17, 3/24 and 3/31

Cost will be \$12.00 *

2 Pieces Fried Fish

Coleslaw

French Fries

Mac-n-Cheese

Chowder Side: \$3.00

Fish Fry Menu for 3/10

Cost will be \$12.00 *

2 Fish Tacos

Rice

Beans

Chips and Salsa

Ceviche side: \$2.00

Chowder side: \$3.00

*Changes in Menu and Price are due to increasing cost and availability of supplies.



Holy Family-Auburn Calendar of Events

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2nd Sunday of Lent 5 Rosary ½ Hour Before Masses 8:30 & 11:00AM/3:00PM Masses (2 nd Collection-Maintenance) (Vietnamese Coffee Hour) 4:30 PM Confirmation Class	6 6:30-8:00PM H.S. Youth Life	7 8:05 AM Rosary 8:30 AM Mass 6:30 – 8:00 PM Middle School Youth Life	8 8:05 AM Rosary 8:30 AM Mass 6:30 – 7:45 PM Preschool–5th Religious Ed	9 8:05 AM Rosary 8:30AM School Mass 6:00-8:00PM RCIA/Adult Formation 7 PM Penance Service	10 (Abstinence) 8:05 AM Rosary 8:30 AM Mass (Anointing of the Sick) 5:30-7:00 PM Lenten Fish Dinner 7:00 PM Stations of the Cross	11 11:30 Women's Society Mtg. 3:30 – 4:30 PM Reconciliation 4:30 PM Rosary 5:00 PM Vigil Mass 6:00 – 9:00 PM HFS Bunco Women's Night
3rd Sunday of Lent 12 Rosary ½ Hour Before Masses 8:30 & 11:00AM/3:00PM Masses (1 st Scrutiny/Dismissal 11:00 AM Mass) 4:30 PM Confirmation Class Daylight Saving Begins-Spring Forward	13 6:30-8:00PM H.S. Youth Life	14 8:05 AM Rosary 8:30 AM Mass 6:30 – 8:00 PM Middle School Youth Life	15 8:05 AM Rosary 8:30 AM Mass 6:30 – 7:45 PM Preschool–5th Religious Ed	16 8:05 AM Rosary 8:30 AM Mass 6:00-8:00PM RCIA/Adult Formation	17 (Abstinence) 8:05 AM Rosary 8:30 AM Mass 5:30-7:00 PM Lenten Fish Dinner No Stations of the Cross 7:00-10:00 PM Vietnamese Lenten Retreat	18 3:30 – 4:30 PM Reconciliation 4:30 PM Rosary 5:00 PM Vigil Mass (2 nd Collection-Catholic Relief Services) 7:00-10:00 PM Vietnamese Lenten Retreat
4th Sunday of Lent 19 Rosary ½ Hour Before Masses 8:30 & 11:00AM/3:00PM Masses (2 nd Scrutiny at 8:30 AM Mass) (2 nd Collection-Catholic Relief Svcs) 11:00 AM-3:00PM Vietnamese Lenten Retreat 4:30 PM Confirmation Class	20 6:30-8:00PM H.S. Youth Life	21 8:05 AM Rosary 8:30 AM Mass 6:30 – 8:00 PM Middle School Youth Life	22 8:05 AM Rosary 8:30 AM Mass 6:30 – 7:45 PM Preschool–5th Religious Ed	23 8:05 AM Rosary 8:30 AM School Mass 6:00-8:00PM RCIA/Adult Formation	24 (Abstinence) 8:05 AM Rosary 8:30 AM Mass 5:30-7:00 PM Lenten Fish Dinner. 7:00 PM Stations of the Cross	25 10:00 AM First Rite of Reconciliation 3:30 – 4:30 PM Reconciliation 4:30 PM Rosary 5:00 PM Vigil Mass (3 rd Scrutiny at 5:00 PM Mass)
5th Sunday of Lent 26 Rosary ½ Hour Before Masses 8:30 & 11:00AM/3:00PM Masses 4:30 PM Confirmation Class	27 6:30-8:00PM H.S. Youth Life	28 8:05 AM Rosary 8:30 AM Mass 6:30 – 8:00 PM Middle School Youth Life	29 8:05 AM Rosary 8:30 AM Mass 6:30 – 7:45 PM Preschool–5th Religious Ed	30 8:05 AM Rosary 8:30 AM Mass 6:00-8:00PM RCIA/Adult Formation 7:00 PM Chrism Mass – St. James Cathedral	31 (Abstinence) 8:05 AM Rosary 8:30 AM Mass 5:30-7:00 PM Lenten Fish Dinner 7:00 PM Stations of the Cross	



Valley Christian School Track & Field Information Meetings

For: Parents & Students in 4th-8th grade

When: Thursday, March 2 at 3:15 or 6:30

Where: Valley Christian School lunchroom

1312 2nd St SE, Auburn

or

**Zoom meeting Tuesday, March 7
at 6:00 PM (a link will be emailed)**

Contact: Denyse Touma

253-833-3541 x104

denyse.touma@valley-christian.com



TRACK AND FIELD PROGRAM

Dear Parents,

Valley Christian School has offered a Track and Field program for the last 20 years to students in 4th through 8th grades and to all skill levels. We invited Holy Family School and home-schooled students to join us in 2012 and this will be our twelfth year as a combined team. Track offers a great opportunity for your child mentally, physically, spiritually, and introduces them to a team sport which teaches a plethora of important skills. The focus for the students will be on team building, sportsmanship and personal improvement. We would like to encourage all students in these grades to join the track team. The meets are organized through the Puget Sound Lutheran School Athletic League and VCS participates in the meets with 15 other private Christian schools.

Every year around this time I try to come to the school at lunch hour to get kids excited about track. In recent years kids have become less enthusiastic about track and often sports in general. When asked if they were considering joining the track team, several immediately said yes. Others said, "I'm not good at sports", "I don't like sports", "My body is not made for track, "It's too hard" and I don't have time."

I want to take a minute to address things. I am attaching a document setting out my 9 most important reasons for joining the track team. Additionally, when I started this program, we had several years where nearly 100% of the middle school kids joined the track team. Generally, 80% to 95% of the VCS middle school kids join. The great things about track are that it is a sport that is a team sport and an individual sport. Some kids join because they want the challenge, they want to be a better athlete, they want to get in shape, or they want to be part of a team. There are others that frankly join because of the social side. They want to be with their friends or meet new friends. For whatever reason your kid joins, it is the right reason for him/her. Track has something that everyone can do. There are running events, jumping events, and throwing events. We do not want kids to believe that if they are a certain body type, they can only do certain things. We have found over the years that the events pick the kids and not vice versa. We encourage kids to go out of their comfort zones. Ultimately, every kid does something great and every year we have awesome surprises. This is why I coach, to see if these awesome kids can reach their potential. We hope that you will encourage your kids to come on out and try track. I am sure you will experience some tremendous surprises.

Track season is March 20 - May 23 with four Saturday meets and one Tuesday meet. Practices are Monday through Thursday, 3:30-5:00 pm at Game Farm Park on the turf field. We do our best to accommodate students who are in other sports and activities. Track provides many benefits for students; they learn new skills, obtain goals, and they get exercise.

This year we are offering Informational Meetings for parents and students in the lunchroom at Valley Christian School, 1312 2nd St. SE. The meetings will be held on Thursday, March 2nd at 3:15 PM and also at 6:30 PM. We are also offering a Zoom meeting on Tuesday, March 7th from 6:00 – 6:30 PM. We hope you and your child will be able to make one of these meetings to learn about the program, ask questions and meet the coaches.

If you have any questions, please contact Denyse Touma at denyse.touma@valley-christian.com or 253-833-3541 x104.

God bless,

John F. Curry
Coach



Here are my top 9 reasons I believe children should be involved in track:

1. Health/mental and physical

Exercise in general promotes health. Track helps keep your kid fit and maintain a healthy weight. We encourage kids to take nutrition seriously and treat their bodies well. Research shows that additional health benefits associated with playing sports is disease prevention. Having regular exercise habits fight off diseases like breast cancer, heart disease, osteoporosis, etc. Research also shows that kids who are in sports are less likely to smoke.

As to mental health, exercise can make your kid happier thanks to an increased flow of endorphins, neurotransmitters that are released in the brain that improve one's mood and release one's stress. Track is a great way for kids to create friendships with others, which also acts as an important mood filler and confidence booster both on and off the field.

2. Sports can help keep kids out of trouble

There are several studies out that indicate that children involved in sports are less likely to get in trouble. Believe it or not, the majority of youth crime occurs between the hours of 3 p.m. and 6 p.m. It is so weird that this coincides with the time that most kids are out of school and their parents aren't yet home from work. First, the track practices occur at 3:30 p.m. until 5:00 p.m. Second, participating in track teaches accountability to a group. This type of activity has been shown to reduce criminal or mischievous conduct including theft and drug use among kids.

3. Social Interaction

We are in an era of Face Book, Twitter, snap chat or whatever. Real human interaction is often lacking or stunted. Track provides a ready-made social network for kids. For a kid who has difficulty finding his niche in school or just fitting in, track can offer the camaraderie and support that he is lacking elsewhere. Even for kids who have no trouble fitting in, involvement in sports offers connections with peers who are focused on constructive goals. Sports create friendships, accountability to friends and real human interaction.

4. Encouraging Sportsmanship

Track really encourages sportsmanship. Winning and losing is part of any sport. Kids who take part in track learn how to win graciously (if taught to do so) and how to accept loss. Kids need to be taught that they should always give their best and if someone beats them, shake their hand and congratulate them. If they learn this now, it will serve them well as they grow into adults.

5. Commitment

Track teaches kids commitment. Kids have to attend practice to succeed, they have to attend and participate in team meeting and they have to show up for events. The kids learn that their actions not only affect themselves, but affect their team mates as well. When kids dedicate their time and effort to track, they really learn important lessons about commitment.

6. Self-Esteem/Confidence

Our track program helps develop positive self-esteem and confidence. Track gives kids the opportunity to learn, achieve and feel good about themselves through skill development and goal-oriented activities. We as coaches and hopefully you as parents emphasize effort and improvement over winning or individual performances. Kids are not always going to win, but if they try and improve, they will have healthy self-image and positive self-esteem. Track keeps kids in shape and helps them make new friends. This also boosts confidence. When a kid improves his skill with practice and hard work, his self-confidence is also boosted.

7. Grades/Academics

There are studies that demonstrate that kids who participate in sports perform better in school than those who don't. Track teaches kids to focus their minds on a task at hand and to manage their time effectively as they juggle school, sports and a social life. We have actual real life examples of this. Additionally, regular exercise gets blood flowing to the brain, which improves essential skills for classroom learning, such as memory and concentration.

8. There is No "I" in Teamwork

Kids can learn all sorts of valuable lessons through our track program. Sharing, listening, following group rules are fundamentals. Being part of a group and learning to accept coaching (particularly the constructive kind) is one of the most valuable benefits of sports for kids. Kids learn fundamental life skills, like teamwork, goal-setting and hard work. Kids who collaborate with others toward a common goal through sports exhibit traits like cooperation and persistence, which provides the foundation for them to become successful in their careers and family lives when they reach adulthood.

9. Never quit attitude

Kids who participate in sports can face disappointment, defeat or even injury. When kids learn at a young age that disappointments happen and learn to take them in stride learn valuable life lessons as they head into adulthood.

John F. Curry, Coach