

Prayers

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation for sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

GLORY BE (DOXOLOGY)

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be world without end. Amen. Alleluia (Alleluia omitted during Lent.)

HAIL MARY

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

OUR FATHER (Lord's Prayer)

Our Father who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Angel of God (Prayer to a Guardian Angel)

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide. Amen

Grace Before Meals

Bless us, O Lord, and these thy gifts,
which we are about to receive
from thy bounty,
through Christ our Lord. Amen.

Grace After Meals

We give thanks, for all thy benefits, Almighty God,
who lives and reigns forever. (And may the souls of the faithful departed, through the mercy of
God, rest in peace.) Amen.

Glory Be/ Doxology (Liturgy of the Hours)

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now,
and will be for ever. Amen Alleluia (Alleluia omitted during Lent)