

Information for Educators, Parents and Caring Adults

As caring adults, we have the great responsibility of ensuring the safety of children and youth. The prevention of child sexual abuse requires more than adult awareness, education, and training about the nature and scope of the problem. We must also give children and youth the tools they need to help us keep them safe by educating them regarding boundaries, safe and unsafe behaviors and healthy relationships. *Empowering God's Children[®]* is an age-appropriate comprehensive program through which educators (teachers, catechists and youth ministers) and parents can give children and youth the tools they need to protect themselves and what to do if someone tries to violate their boundaries. All materials are available in English and Spanish.

Each year, the program provides a theme that introduces and builds on the basic concepts of the *Teaching Boundaries and Safety Guide*. The material is developmentally appropriate for each age group and includes content and activities that reinforce the message. Within each lesson plan is the ability to tailor the activities and messaging to meet the needs of the children and youth at all levels.

WHAT'S INCLUDED

- *The Teaching Boundaries and Safety Guide*
 - An extensive resource booklet geared to assist educators, parents, and caring adults to have meaningful and effective conversations regarding child sexual abuse. The booklet also helps adults learn how to educate the children and youth in their care, and how to evaluate the safety of adults who interact with children and youth.
- *Children's Programs Lesson Leader Orientation and Certification Training* module
 - A training module geared toward lesson leaders (educators) and parents to provide a foundational knowledge of how to teach children and youth about their boundaries and safety. This training module also includes information to prepare adults for handling disclosures of abuse or other harm appropriately.
- Age-appropriate lesson plans for four specific age groups (optional Pre-K and Teen Peer Leader Lessons):
 - Grades K-2
 - Grades 3-5
 - Grades 6-8
 - Grades 9-12

The materials provided feature everything needed to prepare for and present each lesson—including additional information to help teachers better understand the context of the materials they are about to present. For example, lesson leaders have access to a glossary of terms and guiding notes throughout each lesson. They also have handouts and other reference materials—such as an introductory video, information on how to respond to disclosures, how to report suspected abuse, and other supplemental materials.

The lessons can be presented in either a three-year, or six-year, cycle. Throughout the lessons, each child or youth receives the full range of information from the *Teaching Boundaries and Safety Guide* in small, "digestible" bites.



Even though the topic of each lesson plan is different, each lesson includes core safety messaging that is presented within each lesson to provide children and youth the basic safety information they need each year.

Breakdown of Lesson Plan Topics:

Each year, children and youth will receive one or two (depending on whether a diocese is on a 3-year or 6-year cycle) of the following lesson plans:

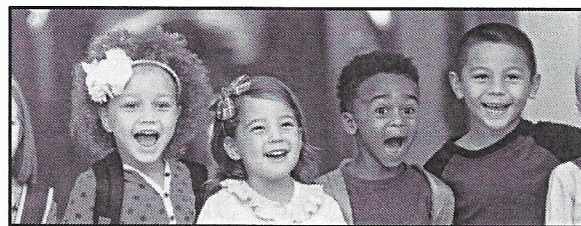
Lesson 1 **Physical Boundaries: Safe and Unsafe Touching Rules:** Students learn simple rules about what to do and how to react when someone's touch is confusing, scary, or makes the child or young person feel uncomfortable. Young people start to deal with the real risks they face when they are out in the world and on their own, and they begin to learn where to draw boundary lines in relationships.

Lesson 2 **Safe Adults, Safe Touches and Special Safe Adults:** Children, young people, and their parents establish basic guidelines for working together to make certain *which* friends and other adults in their environment can be trusted to act safely and in the best interest of each child or young person.

Lesson 3 **Boundaries: You Have Rights!** Children must understand they have a right to be safe, and they are allowed to create boundaries to protect themselves in situations where they feel uncomfortable, or where they could be harmed.

Lesson 4 **Secrets, Surprises and Promises** Children must learn how to respect their own health and safety, and that of others, by understanding the safety rules about secrets. They have a right to be safe, and they are allowed to create boundaries to protect themselves in situations that cause discomfort or violate the safety rules.

Lesson 5 **Being a Safe Friend:** Children must know that being a friend means that we "do the right thing" when it comes to healthy friendships with their peers: meaning we recognize unsafe situations, intervene (when possible) and get the information to a safe adult.



Lesson 6 **Boundaries: Feelings and Facts:** Through this lesson, the adult lesson leader teaches students specifically about boundaries, what unsafe situations could potentially feel like, and what to do in response if they feel uncomfortable or are in an unsafe situation.

Each lesson for each age group includes the following:

- Instructions to help the teacher, catechist, or youth minister prepare to deliver the lesson.
- Helpful teaching support from the Catechism to give the teacher or catechist a framework for how to keep the lesson within the context of Church tradition and theology.
- A learning goal, including expected learning outcomes for students.
- An overview for creating a successful learning experience for the specific age group.
- Key vocabulary words and definitions that apply to the lesson. These words empower children and young people with the distinctions they need to help recognize inappropriate behavior by those with whom they interact.
- A short introductory video for three specific age groups, K–5, 6–8 and 9–12, designed to provide a simple overview of safe and unsafe behaviors and people.
- Multiple activity options with instructions (and appropriate handouts for students as needed).
- A closing group prayer that reflects the key message of the lesson.

The lessons focus on an age-appropriate discussion of safety, relative to the specific roles that different people play in a child's life. All of the lessons stress the importance of keeping private body parts "private," and of telling a trusted adult about anyone's behavior that causes a child to feel uncomfortable or threatened.

Dear Parents and Guardians,

In an effort to assist in the monumental mission of protecting children from abuse, Holy Family School is partnering with you to present a safe environment lesson to your youth within their youth program. It is our cherished role as adults to fully protect children. In addition, we must also teach children about their safety rights and boundaries, so that they have tools to protect themselves.

This school year, your child will be presented with a program entitled *Empowering God's Children*, in which Lesson Leaders present a safety lesson to children that houses a grade-appropriate video component along with a hands-on activity. The material is designed to better equip your child to know their rights, recognize their boundaries, and to empower them to protect themselves when safe adults are not immediately available—and ultimately be safer from people who might want to harm them. Youth will participate within one of the following lessons:

Lesson 1: *Physical Boundaries: Safe and Unsafe Touching Rules*

Lesson 3: *Boundaries: You Have Rights!*

Lesson 2: *Safe Adults, Safe Touches and Special Safe Adults*

Lesson 4: *Secrets, Surprises and Promises*

Lesson 5: *Being a Safe Friend*

As the primary educators of your children, parents and guardians are encouraged to review these materials ahead of time and discuss the information at home. If you have ever thought about how to empower children to protect themselves, fortify their boundaries or increase their safety through in-person and online situations, then reviewing the lessons on your own to both begin *and* reiterate the message at home is the best next step to take. Thank you for your partnership with us to protect youth.

IMPORTANT INFORMATION:

Date(s) of in-program training: During the Month of October

For questions, or to obtain access to the specific lesson and related activities, please communicate with your students Religion Teacher

Please note: You also have the ability to “opt” the youth out of the formal in-program safety lesson if you only plan to provide safe environment education at home. Please complete, detach and submit the form below if you do not want your child to receive safe environment information via their youth program about ways to protect themselves. Your coordinator will reach out to you regarding relevant protocol, i.e., child separation from others during lesson, alternative activities, etc.

TO OPT-OUT THE CHILD FROM THE SAFETY LESSON, RETURN THIS PORTION TO:

Holy Family School, Auburn by Friday, September 23, 2022

I, *(printed name of parent or guardian)* _____, have reviewed the safety lessons and **DO NOT** give my permission for this location to present the *Empowering God's Children* Safety Lesson to my child *(printed name of child)* _____ Grade _____

Parent Signature _____ Date _____



HFS Fabulous Fifties Auction Newsletter

September 21, 2022

Auction Date Change: The Holy Family School High Hopes Auction is now **March 18, 2023**. Please mark your calendars with this important update!! It will still be at Farm 12.

Website to Enter Your Auction Donations: You can enter your items at this website: [Fabulous Fifties Auction Donations \(ejoinme.org\)](http://FabulousFiftiesAuctionDonations.ejoinme.org)

Auction Sponsorships: If you own a business and/or have sponsored the HFS Auction in the past you will be receiving a form to consider doing so again. If you have a business and have not sponsored the auction in the past, please let Gretchen know (gkurth@hfsauburn.com), and she will get you the sponsorship information. Please also consider asking friends or family members who have a business if they would like to sponsor our auction.

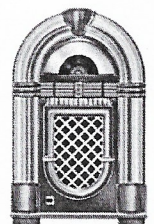
Auction Volunteer Sign-Ups: The following auction volunteer positions are still open, and are for work that needs to be done now. Please volunteer if you can! By taking one of these roles you will get your auction hours done this fall/winter and be able to attend the auction as a guest vs. working at the auction. Sign up here: [All School: Fabulous Fifties Auction Volunteer Sign-Ups \(signupgenius.com\)](http://AllSchoolFabulousFiftiesAuctionVolunteerSignUps.signupgenius.com)

- **2 Procurement Sponsorship Team Members** – Contact local Auburn area businesses to ask if they would like to sponsor our Auction.
- **1 Decoration Lead** – Help choose the decorations for the Auction venue, and coordinate the volunteers signed up to create them. Also coordinate the decorating at the Auction venue in March.
- **Class Projects Leads for PK, K, 3rd, 4th, 6th, 7th & 8th Grades** – Choose an art project that the whole class can have a part in (lots of ideas out on Pinterest) and then work with the class to create the art project. A budget of up to \$200 is provided for supplies.

Name: _____

Email: _____ Volunteer Role: _____

(No need to return this paper if sign-up online using above link.)



Scrip Gift Card Fundraising

What is Scrip?

- Scrip, provided by RaiseRight, is a gift card fundraising program, whereby you earn simply by buying and using gift cards for everyday purchases instead of cash, credit or debit
- HFS fundraising requirement is to earn \$275 PROFIT Dollars through the Scrip Program by the 1st week of May, 2023

Your Scrip Account

- Download the RaiseRight Fundraising app on your phone or go to [RaiseRight.com](https://www.RaiseRight.com) (formerly ShopWithScrip.com)
- “Sign Up” and “Join an existing program”
- Enter our unique school enrollment code: **6A328D2B237L4**
- Create your account

Scrip Purchase Options:

- On-line Ordering
 - E-gift cards: Purchase on-line at RaiseRight.com or through the RaiseRight App and receive your e-card within minutes.
 - Physical cards: Using your RaiseRight App or RaiseRight.com, place a paid order and receive physical gift cards as soon as possible.*
 - Payment for on-line orders:
 - ACH transfer incurs only a \$0.15 transaction fee
 - A credit or debit card payment incurs a 2.6% fee
 - Choose “check” for no fee. Deliver check or cash to Scrip Store or place in Wednesday envelope and receive your order as soon as possible.*
- In Person Orders
 - Visit the Scrip Store at HFS Parish Hall on Fridays and receive cards immediately.*
 - Pay with CASH, CHECK, or pre-paid on-line order. No credit/debit cards.
- Order Form
 - Fill out the order form from the Wednesday envelope and return it to school Thursday with cash/check enclosed. The order will go home with your student on Friday. You will be contacted if there are any questions or limited stock.

* *The physical gift card purchases are subject to stock on hand and Scrip Store schedule.*

Still have questions?

- Email scrip@hfsauburn.com or Lisa Leskovar at lisalesskovar@gmail.com with any questions

Example of how to meet your \$275 scrip fundraising obligation by purchasing gift cards to use for goods & services you normally buy anyway.

With about 7 months between now and end of earning period, if your monthly spending is:

	<i>You Pay</i>		<i>Profit \$\$ Earned</i>
Fred Meyer	\$300	5%	\$15
Safeway	\$200	5%	\$10
Chevron	\$150	1.50%	\$2
Walmart	\$200	2.50%	\$5
Starbucks	\$50	7%	\$3.5

PROFIT DOLLARS EARNED: $\$35.50 \times 7 \text{ months} = \248.50 by May 1st, 2023

Don't forget gift cards for Christmas presents, and personal entertainment to fulfill the remainder:

IT ALL ADDS UP!

	<i>You Pay</i>		<i>Profit \$\$ Earned</i>
Red Robin	\$50	8%	\$4
Frugals	\$50	20%	\$10
Starbucks	\$50	7%	\$4
Lowe's	\$100	4%	\$4
Cabella's	\$100	10%	\$10
GAP/Old Navy	\$100	14%	\$14
Regal Cinemas	\$25	8%	\$2
McDonald's	\$50	5%	\$2.5
Amazon	\$100	5%	\$5

PROFIT DOLLARS EARNED: \$55.50

TOTAL PROFIT DOLLARS: \$248.50 (monthly spending) + \$55.50 (extras) = \$304

2022 – 2023 Holy Family School SCRIP Program And Rebate Program

1. SCRIP is a noun referring to a form of payment issued by an organization and used to redeem credit. SCRIP simply refers to gift cards purchased from Holy Family School that can be used at various retail stores.
2. How it works:
 - ⇒ Holy Family purchases gift cards at various discounted prices determined by the retailer. These cards are then sold at face value.
 - ⇒ The difference between the amount the school paid and the amount we sell it for becomes funds raised for the school! The profit will be referred to as your “rebate earned”.
 - For example, if you purchase a restaurant card for \$25, and the rebate from the vendor is 10%, then the SCRIP program just earned \$2.50 towards your “SCRIP profit dollars.”
3. Every families’ SCRIP contract obligation for the **2022-2023** School Year is to earn **\$275** profit dollars. The last day to purchase scrip for this school year is Friday May 6th, 2023.
4. Holy Family sells a wide variety of gift cards: gas, groceries, department stores, retail stores, restaurants, movies, etc.
5. SCRIP is available in-person Friday mornings before school, and on Sundays after Masses. Families may also fill out a SCRIP Order Form and send it (with payment) to the school office. Their order will be filled and available for pick up at the school office or will be sent home with your student.
6. SCRIP is also available online from the RaiseRight app or [RaiseRight website](#). Please contact Lisa Leskovar for more information.
7. Holy Family makes no representations or warranties of any kind with respect to the SCRIP you purchase. We neither endorse nor promote the SCRIP retailers. SCRIP is generally not returnable or refundable; returns/exchanges are permitted on a case by case basis.
8. Purchasers of SCRIP agree to indemnify Holy Family against any loss incurred in connection with there being insufficient funds in your account to cover the checks or ACH transfers you issues to pay your SCRIP. Any fees incurred for insufficient funds will be charged to you.
 - ⇒ We enforce a two-strike rule. After two instances of insufficient funds from your account, you will no longer be able to participate in the Holy Family School SCRIP Program unless cash is presented at the time an order is placed.
9. We are not responsible for lost, damaged, or stolen SCRIP. We do not track individual gift card serial numbers. SCRIP is to be treated like cash.
10. This agreement continues until replaced by another or is terminated by either party upon notice to the other.
11. When purchasing gift cards online using the RaiseRight App, there will be a \$0.15 charge added during each checkout for ACH transactions or 2.6% for credit card transactions. These fees are collected by RaiseRight and not Holy Family School.

Rebate Program (50/50)

Families who earn ABOVE the required \$275 SCRIP profit dollars can designate funds towards their next year's tuition. Here is how it works:

Once a family has earned their required \$275 profit dollars, the Holy Family School SCRIP program will retain 50% of the family's future rebates received from your SCRIP purchases. The other 50% of the profit dollars rebates may be allocated by you for one of the following choices:

1. Tuition credit will be applied towards your or another family's next year's tuition.
2. A charitable contribution to Holy Family School.
3. A family whose last child is a graduating 8th grader and who is attending a Catholic high school may forward any SCRIP profits to Catholic high school your student has selected to attend. These profits will be sent as scholarship funds in your child's name. For the profits to be sent, a letter of designation to the selected Catholic high school must be sent to Holy Family School by June 1st.
4. A family whose last child is a graduating 8th grader and is not attending a Catholic high school, or a family is not returning to Holy Family School, may donate any SCRIP rebates back to Holy Family School or can designate funds to a current Holy Family School family to help with their tuition costs.

NOTE: SCRIP rebates from community members who participate in the SCRIP program but do not have children enrolled at Holy Family School, can be designated to a current school family or to the general SCRIP fund.

With respect to charitable contributions, we will provide you with all required acknowledgements under Sections 170(f)(8) and 170(f)(17) of the Internal Revenue Code.

Funds designated under the guidelines of **a, b, c or d** apply as long as all other financial obligations are met at the end of the current school year. Otherwise, the funds will go towards the school debt.

2022 – 2023 HOLY FAMILY SCHOOL – GIFT CARD (SCRIP) PROGRAM AGREEMENT

Holy Family School (referred to herein as “we,” “us” and “our”) sponsors a Gift Card (SCRIP) program which allows you to purchase gift cards (SCRIP). The gift cards (SCRIP) you purchase through our program generate rebates from the participating retailers. Once the required rebate commitment of \$275 has been met, 50% of the rebates after the required amount can be used as a credit to your tuition account and/or a donation to the school. The parties agree as follows:

1. As the sponsor of this Gift Card (SCRIP) fundraising program, we will retain 50% of the rebates received from your SCRIP purchases. (NOT deductible by you).
2. We agree to apply the balance of your rebates as designated below (please check one box):
 - As a charitable contribution to the school (potentially deductible by you)
 - As a tuition credit towards a Holy Family School family account, or Catholic High School (NOT deductible by you)

Family Name (if different than yours) _____

Our SCRIP program distributes the rebates one time a year at the end of May.

If the family account has a balance owed to Holy Family School, the balance of your rebates will satisfy the monies owed first, and any remaining balance will be distributed as you have indicated above.

To minimize administrative paperwork for very little total yearly rebate distribution, please consider selecting one of the following options:

<p>If at the time of distribution, your family balance to be distributed is an amount less than the box marked below, please disregard my prior selection above and default to charitable donation. (Please check one box):</p> <p><input type="checkbox"/>\$5 <input type="checkbox"/>\$10 <input type="checkbox"/>\$25 <input type="checkbox"/> \$50 <input type="checkbox"/>No thank you, please follow the selection designated above for the total remaining balance.</p>
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With respect to your charitable contributions, we will provide you with all required acknowledgements under sections 170(f)(8) and 170(f)(17) of the Internal Revenue Code.

You agree to indemnify us against any loss incurred in connection with there being insufficient funds in your account to cover the checks or ACH transfers you issue to pay for your SCRIP. We make no representations or warranties of any kind with respect to the SCRIP. This agreement continues unless replaced by another, and can be terminated by either of us upon 60 days advance notice to the other.

Please sign and date below to indicate your acknowledgement of this agreement.

Purchaser’s Signature: _____

Printed Name: _____ Date: _____

Student(s) Name(s): _____ (include last name(s) if different than yours)

MOVIE NIGHT

JOIN US TO WATCH
ENCANTO

FRIDAY ★ **6:30 PM** ★ **PARISH HALL**
SEPTEMBER **23, 2022**

PLEASE BRING ALL THE FAMILY •

ENJOY MOVIE ON BIG SCREEN, WEAR YOUR PAJAMAS, BRING PILLOW,
BLANKET, YOUR SNACKS AND EVEN YOUR DINNER TO WATCH

ENCANTO

